



Mark C. Deibert, M.D. & Timothy O'Brien, M.D.

Board Certified in Orthopedic Surgery
Fellowship Trained in Orthopedic Surgery
Specializing in Knee and Shoulder Surgery

Peter M. Kelleher, M.D.

Board Certified in Orthopedic Surgery
Fellowship trained in orthopedic surgery
Specializing in surgery of the shoulder, elbow and Hand

Jeff S. Rasch, D.O.

Board Certified in Family Medicine
Fellowship Trained in Primary Care Sports Medicine
Specializing in Non-Operative Orthopedics and Spine Care

PRE-INJECTION INFORMATION

Name: _____

Procedure Date: _____ Time: _____ CHECK IN: _____

INSTRUCTIONS:

- Discontinue use of Aspirin or other blood thinners (such as Coumadin, or Plavix) for **5 days** before injection. Unless otherwise directed, you may continue the use of Ibuprofen, Tylenol, and narcotics.
- **You must have someone else drive you home after the injection.** You may not drive yourself home because you may experience temporary numbness or weakness after the injection.

DIRECTIONS TO SAME DAY SURGERY:

- Parking Lot F – Located at the back of the hospital
- Highland Park 4 Building – Go through main entrance to the elevators straight ahead then go to the 2nd floor
- Second Floor – The check-in desk is located right in front of the elevators

SCHEDULING OR QUESTIONS? Call Lisa at 586-8029

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www.alpineorthopedics.com

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