

Dear Patients & Visitors,

To limit the spread of COVID-19 and to keep the community and our patient's health, Alpine Orthopedics & Sports Medicine and The Orthopedic Surgical Center of Montana are taking the following precautionary measures effective immediately and until further notice.

Office Hours:

- Monday & Friday 9:00am – 4:00pm. During this time our doors will be locked. If you are in need of assistance during this time, please contact our office at 406-586-8029 and one of our staff members would be happy to assist you.
- Tuesday – Thursday 8:00am – 5:00pm. We are asking that you please limit the number of visitors attending your appointment to no more than 1 and only when necessary.

Upon entering our building any patients or visitors will be asked to have their temperature checked before proceeding to check in with the front desk. We ask that you do not enter our building and call 406-582-8029 to reschedule your appointment or if you are in need of any assistance if you have experienced any the following:

- A fever or temperature of 100.4 Fahrenheit or greater within the last 14 days.
- Any signs or symptoms of a lower respiratory illness such as a cough or new onset shortness of breath in the last 14 days.
- Have had close contact with a suspected or laboratory-confirmed COVID-19 individual in the last 30 days.
- If you or someone you have had close contact with has traveled out of the state of Montana or to/from an area infected with COVID-19 in the last 30 days.

In order to help keep everyone safe and limit exposure we are not allowing anyone to wait in our waiting room. After check in, if you are not able to be roomed immediately, we ask you provide your phone number to the staff and they will call you when your exam room is available. Additionally, all magazines and complimentary coffee water and coffee have been removed from our waiting room and exam rooms.

All employees at Alpine Orthopedics and Sports Medicine and The Orthopedic Surgical Center of Montana will adhere to Center for Disease Control & Prevention (CDC) and Montana Department of Public Health and Human Services (DPHHS) community mitigation strategies related to COVID-19.

We apologize for any inconvenience during these changes. We appreciated your patience and understanding during this time, and look forward to helping you the best we can with all of your orthopedic needs.